



Yellow & Door
FOUNDATION

This Month at Yellow Door

**March is Nutrition Month
Spotlight on our Meal Ministry Program**

**Hearts for Hope Spring Luncheon
Join Us on May 1st**

YOUR Impact!



**10,774 nights of free
lodging!**



**For 116 pediatric
patients**



Along with 393 family members!



Families travel an average of 124 miles



Stay an average of 90 days

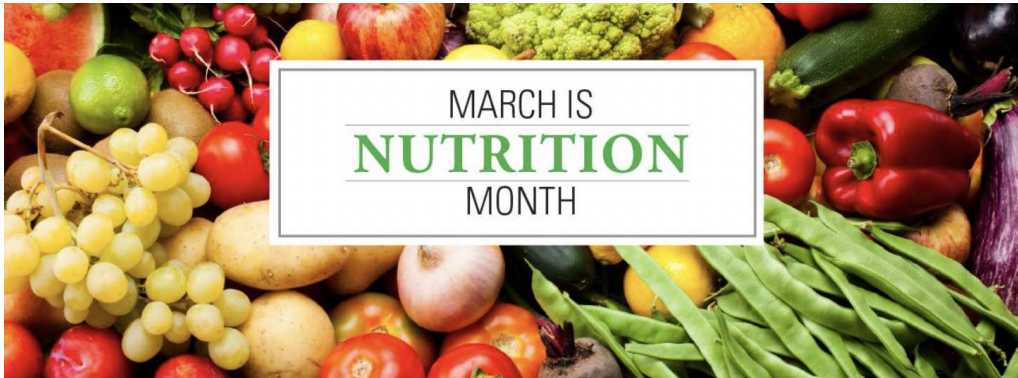


**Provided \$1,831,580*
in lodging savings for families**

*(average cost of hotel in Charlottesville is \$170/night
according to www.budgetyourtrip.com)

Donate to make an Impact

Spotlight on YDF's Meal Ministry



Yellow Door's Meal Ministry & National Nutrition Month

March is National Nutrition Month, a time to recognize the importance of healthy eating habits and their impact on overall well-being. At Yellow Door Foundation, **we see firsthand how proper nutrition plays a vital role in recovery for the children staying in our apartments, as well as in sustaining the caregivers who spend countless hours at their child's bedside.**

Healthy meals are often an overlooked yet essential component of a patient's recovery and a caregiver's well-being. **Nutritious food fuels the body, strengthens the immune system, and provides the energy needed to endure long medical treatments and emotional stress.**

That's why our Meal Ministry program, powered by dedicated volunteers and community partnerships, has become such a crucial part of the support we provide to families.



- **Twice a week, volunteers deliver fresh, home-cooked meals,** offering comfort and relief to families exhausted from long hospital days. Instead of

worrying about cooking or resorting to fast food, parents can return "home" to a delicious meal.

- Through our partnership with the Emergency Food Network (EFN), we also **stock our apartments with fresh fruit, vegetables, and pantry staples**. Many families lack time for grocery shopping and may turn to processed foods. EFN ensures they have access to healthier options when they need them most.
- Adding a special touch, our "resident" baker, **Michelle, welcomes each new family with a homemade sprinkle cake** and donates treats for birthdays and special events.



If you're looking for a meaningful way to give back, consider signing up to provide a meal for our families. Every meal provided is a reminder to our families that they are not alone—that this community cares for them.

Meal Sign Up

To join our food mission and bring comfort and nourishment to families in need, sign up today to provide a meal.



Hearts for Hope Luncheon
May 1st at Farmington CC



Join Us!

Hearts for Hope Spring Luncheon

Thursday, May 1, 2025

11:30a-1:30p

Farmington Country Club

Together, we'll celebrate the impact of Yellow Door, share inspiring stories, and raise vital funds to continue our mission. Your support helps families focus on what truly matters—healing and hope.

Reserve your seat or table today and be part of something truly meaningful!

Reserve Your Seat



Raffle Basket Donations Needed



Help Make Our Hearts for Hope Luncheon Even More Special! We're looking for raffle basket donations for our 2025 Hearts for Hope Luncheon, and we'd love your help!

Sign up to donate a basket using this link: [Raffle Basket Sign Up.](#) You'll find fun theme ideas to choose from, or feel free to get creative!

Your generosity helps us continue providing free lodging and support for children battling life-threatening illnesses and their families. Thank you for being part of our mission!

Have questions? Contact us at stacia.ydf@gmail.com

**COME VISIT US:
See Your Impact First-Hand**



Dining Room at Baer-Hart House

*If you would like to visit a Yellow Door Apartment to see the impact of
your support first-hand
or to volunteer your time and talents:*

Please contact JoAnne: 434-953-9123

Donate

Follow us for more updates



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434-953-9123

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